



## Leadership Session with Joint Force Commander

What is a leader? What do leaders do? That was the topic of the session with Joint Force Commander of the RBAF, First Admiral Dato Seri Pahlawan Abdul Aziz bin Haji Mohd Tamit, during his leadership talk. The guest of honor mentioned several attributes that a leader should have which are knowledge, competency, physical fitness, bearing, communication skills and mental agility. Furthermore, he also added that it will be an advantage for a leader to have balanced emotions, be a motivator and a critical thinker to influence



subordinates to follow orders. Dato also highlighted that leaders must be able to have good management skills because it is very important to prioritise work and know what to do. It is important for a leader to know how to merge things professionally, to be competent and be a role model for others. Apart from that, Dato also shared his experience during his service in the Navy until he was appointed to his current position. Before Dato ended his talk, he opened the floor for a question and answer session. The session continued with light refreshments and a photo session. On behalf of the JSC 2012, the Deputy Chief Instructor presented a memento to the guest of honor as a token of our appreciation for taking his time from his busy schedule to be present for this session.

### Content:

- 1 Session with JFC
- 2 "Roll The Ball"
- 3 Ex Zin Obelisk
- 4 Session with Commander Navy
- 5 Ex at Pelumpong Island
- 6 Nanjing Massacre
- 7 Jokes of the Week

### RBAF LEADERSHIP COMPETENCIES

**VISION** - Always looking ahead, innovative, pro-active and dynamic.

**ACCOUNTABLE** - Willing to take ownership and responsibility for one's actions and give authority.

**COMPETENT** - Know and practice sound management tools and techniques in solving problems and managing change. Being able to turn knowledge, information and data into positive action.

**EFFECTIVENESS** - Achieve the objective with the least cost, time, resources and effort.

## “ROLL THE BALL”

The team building activity organized by syndicate 1B was held on 3<sup>rd</sup> of October 2012 and took place at the Time Square Airport Mall Bowling Centre. All syndicates gave their best efforts, skills and also strategy in competing with each other to achieve the highest number of pinfalls.

Syndicate 1A finally won the competition by beating the other three syndicates, with a combined score of 548 pinfalls. Syndicate 1B finished at second place, while the third place went to syndicate 2A. The individual prize for the most productive player was won by Cpt Arvin Acosta with the overall score of 140 pinfalls.

The session was incredible fun for both students and instructors of JSC 2012. All syndicates had managed to exercise their excellent teamwork efforts with a high spirit of competition throughout the activity. Moreover, the activity provided an experience that will become unforgettable memories for the students when they look back to the times they shared together as course mates.



*Winning Team: Syndicate 1A*

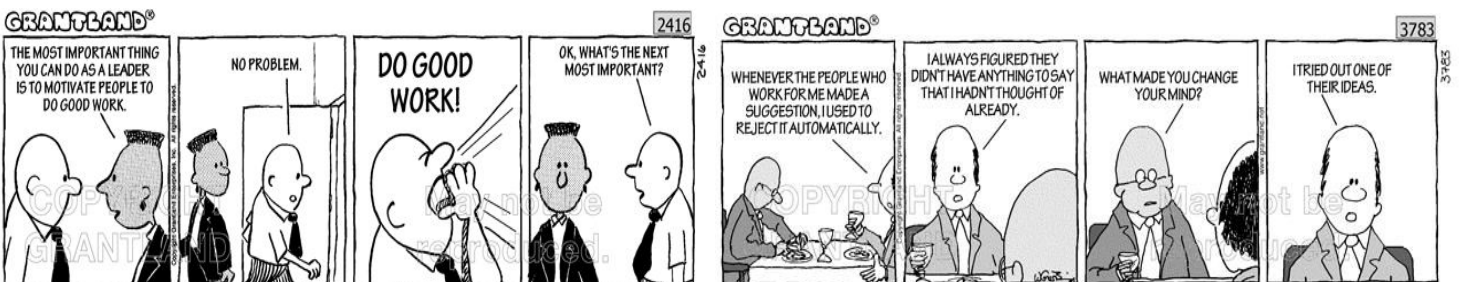


*Best Player Award Cpt Arvin*

## Exercise Zin Obelisk



One of the team building exercises conducted during the Leadership and Management phase was Exercise Zin Obelisk. The exercise was about solving and determining on which day the structure of the Zin Obelisk was completed during the Atlantis era. The problem solving exercise focused on teamwork and communication. Completing the exercise was a bit of a challenge as it needed to be completed within half an hour and required logical thinking and calculation. At the end of the day, every syndicate group managed to solve the problem and Syndicate 2B managed to emerge as the winner.



## SESSION WITH COMMANDER ROYAL BRUNEI NAVY



On 09<sup>th</sup> October 2012, the leadership session with Commander of the Royal Brunei Navy (RBN), First Admiral Dato Seri Pahlawan Haji Abd Halim bin Mohd Hanifah was held at the Watermanship Centre, Serasa. During the session, he mentioned several key elements to becoming a great leader. He also added that the core values of the RBAF should be inherited and understood by all officers in the RBAF. Leaders must be resourceful, knowledgeable and dedicated to their jobs, he said. A good leader must possess professionalism at all times and have the ability to accept criticism and not be affected by it. Dato also shared his experiences as a Commander RBN, one of the topics he discussed was the establishment of the Brunei Maritime School in 2013. The session concluded with a question and answer session from JSC students 2012. It was continued with light refreshments and a photo session. A memento was presented by the Deputy Chief Instructor to the guest of honour as an appreciation for his time with the JSC students 2012.

### LEADERSHIP EXERCISE “PELUMPONG” ISLAND

On 11 October 2012 each of the syndicates was tasked to produce leadership exercises to test each other on the leadership attributes of teamwork, communication, delegation and command and control. These exercises were also used to promote creativity by finding solutions to problems in difficult situations and conditions. JSC students successfully produced and conducted a fine display of all the attributes pertaining to a good leader as well as enhancing personal relations to maximise teamwork effort.



### FINAL LEADERSHIP EXERCISE

On the final day of the leadership week, all JSC students were tested with individual ability to practice all the attributes to be a great leader. All lessons that had been learnt throughout the week needed to be applied to the exercise scenario.



The Directing Staff, Maj Andy and Maj Karl planned this exercise well. On top of that everybody played to their strengths to support their group syndicate. At the end the objective of the exercise was achieved which was to withdraw from the conflict area through the minefield.

Syndicate 1 managed to defeat Syndicate 2 only by 5 seconds margin.

# Importance of “Qurban”

On 5<sup>th</sup> October 2012, in disseminating knowledge on the Islamic faith among officers and personnel of the Defence Academy Royal Brunei Armed Forces (RBAF), initiated a dawn lecture session held at the Defence Academy Surau, Sungai Akar Camp. The dawn lecture was presented by one of the personnel in the Religious Department of RBAF, the speaker touched on ‘The Importance of Qurban’ sacrifices with the conjunction of coming month of Zulhijjah. According to Islamic teaching scholars (Ulama), religious devotion (ibadah) by sacrificing animals (qurban) is the greatest deed or charitable act to be performed on the holy Islamic day of Idul Adha. Good deeds or charitable acts are intended as a way in which to express gratitude to God for all the gifts he has bestowed upon mankind to erase one’s sins as well as to give an opportunity to our relatives and neighbours to enjoy God’s gifts to mankind. According to Hanafi (an Islamic scholar), the religious devotion of qurban is an obligatory deed that every person should carry out, provided they have the means to do so. However, the majority of Islamic scholars believe that the religious devotion of qurban is merely a sunnah muakkadah, or strong recommendation rather than rewards from Allah Subhannahu Wa Ta’ala. The dawn lecture was further illuminated with Ratib Al- Attas as a conclusion to the early morning lecture.

**Keep It Safe: Cross Training Can Help you stay fit when you can’t run.**

**But pick wisely, some activities may exacerbate an injury.**

Injury	Swimming	Stationary Bike	Elliptical	Rowing Machine
Runner Knee’s	ok	ok	ok	Not ok
Calf Strain, Achilles Strain	ok	ok	ok	ok
Plantar Fasciitis	ok	ok	ok	ok
Shinsplints	ok	ok	Not ok	Not ok
Stress Fracture	ok	ok	Not ok	Not ok

## ‘Nanjing Massacre’

One of the most interesting destinations in China is the Nanjing Massacre Memorial Hall. This memorial hall was built in 1985. The significance of the memorial hall is as a symbol of the victims of the Nanjing Massacre. The Nanjing Massacre was a mass murder, genocide and war rape that occurred when the Japanese captured the city of Nanjing, the former capital of the Republic of China. During this period hundreds of thousands of Chinese civilians and disarmed soldiers were murdered and an estimated 20,000 to 80,000 men, women and children were raped by soldiers of the Imperial Japanese Army. Today, the Nanjing Massacre Memorial Hall has become a symbol of hardship in China.



**Remaining Bones of the Victims**